



EMPOWERING SURVIVORS OF SEX TRAFFICKING TO LIVE IN FREEDOM

RESOURCE LIST

TRAFFICKING HOTLINES	
National Human Trafficking Hotline *Se hablan Español	1-888-373-7888
Unbound (Fort Worth) Unbound (Waco) *Se hablan Español	817-668-6462 (Fort Worth) 254-757-2333 (Waco)
Traffick 911 (Youth)	817-575-9923 Ext: 701
Rescue Her (Adult Women)	817-891-2093

NATIONAL HOTLINES	
National Hotline for Domestic Violence *Se hablan Español	1-800-799-7233
Suicide Prevention Hotline *Se hablan Español	988 (call or text)
SAMHSA (Substance Abuse & Mental Health Services Administration) *Se hablan Español	1-800-487-4357
Local Resource Number	211

TRAFFICKING RESIDENTIAL PROGRAM PLACEMENT ASSISTANCE	
National Trafficking Sheltered Alliance	Must submit referral online: https://www.shelteredalliance.org/ars#Survivors

EMERGENCY TRAFFICKING SHELTERS		
City	Name	Number
Dallas	Mosaic Family Services *Se hablan Español	214-823-4434
Sand Springs, OK	The Spring	918-245-4075



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SEX TRAFFICKING RESTORATION HOMES		
City	Name	Number
Dallas	Restored Hope Ministries	833-334-0035
Dallas	Poiema Foundation	469-757-8888
Denton	Refuge For Women	*Must apply online, no number listed: https://www.refugeforwomen.org/needhelp
Frisco	Treasured Vessels	*Must apply online, no number listed: https://www.treasuredvesselfoundation.org/contact
Midland	Reflection Ministries	432-247-1099 Fill out referral online: https://www.reflectionministries.org/referral-form/
Houston	Elijah Rising	832-628-3439
Kilgore	Rahab's Retreat and Ranch	903-218-4985
Tyler	Refuge of Light- Safe Home - Females 18-21	Fill out contact page: https://refugeoflight.org/contact/ Or complete National Trafficking Sheltered Alliance referral



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TRANSITIONAL HOUSING (" * " Indicates Sex Trafficking-Specific Housing)		
City	Name	Number
Austin	Magdalene House*	737-587-0174 Online Referral Form: https://www.magdaleneaustin.org/referrals
Austin	Red Oak Hope	info@redoakhope.org
Dallas	Our Friends' Place	214-520-6268 *Must be between 18-24 years old
Dallas	River of Life	214-886-3563
Fort Worth	Union Gospel Mission	817-339-2553
Garland Plano	Hope's Door New Beginning *Se hablan Español	972-422-2911 *Must stay at their emergency shelter before qualifying for transitional housing
Grapevine	The Gatehouse	817-912-0317 Online application: https://www.gatehousegrapevine.com/program/
Grapevine	GRACE *Se hablan Español	Fill out inquiry online and if there is availability and if you would be a good fit, you will receive an application https://docs.google.com/forms/ d/e/1FAIpQLSfvkxu61TU oV06wGtQiVGymV8d9nB Zep8SM072os-QZHpoF7A/viewform
Lubbock	Open Door* - Sex Trafficking Housing AND - Permanent Supportive Housing (for those in chronic homelessness)	806-687-6876



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COMMERCIAL SEXUAL EXPLOITATION (CSE) RESOURCES (Women Who Engage in Sex Work For Survival/Willingly)		
City	Name	Number
DFW	Valiant Hearts - Support Group - Mental Health Services	817-329-6921
Dallas	New Friends New Life - Women's Program - A Drop-In Youth Resource Center - Adult Resource Center (ARC) - Employment Partnership Program - *Se hablan Español	214-965-0935
Waco	Jesus Said Love - Access Program: 8-week training program, which includes a living expense stipend, to on-ramp individuals toward self-sufficiency	254-300-7658

FOSTER CARE TRANSITIONAL LIVING (For youth who have aged out of the foster care system)		
City	Name	Number
Collin County (3 houses across the county)	City House	*Must apply online, no number provided: https://forms.office.com/Pages/ResponsePage.aspx?id=CktNUOXOX0ybCsPfmFXxa344NOUxkSdDsY3hHWvrMnZUOFIBTzlJOVICMTJYM1U5SUxDU084NFhBTC4u *Must be between 18-21 years of age
Conroe	Angel Reach	1-936-202-8498 *Must be between 16-24 years of age
Dallas	Ebby House *Se hablan Español	214-827-0813
Garland	Jonathan's Place	972-303-5303



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HOUSING FOR SINGLE MOTHERS WITH CHILDREN (OR PREGNANT)		
Note these are programs that can take a few weeks to get accepted		
City	Name	Number
Argyle	Blue Haven Ranch	No number listed, must submit inquiry online: https://www.bluehavenranch.org/ (Click on "Connect" tab) *Must be pregnant and have children
Colleyville	Mercy House	817-369-4628 Must complete online inquiry form: https://mercyhouse.org/initial-inquiry-screening/ *Must be pregnant
Dallas	In My Shoes	469-857-3264 Fill out intake form here: https://liveinmyshoes.org/stay/ *Must be pregnant
Dallas Plano	Bella House	469-249-2656
Midland	Fair Havens	432- 689-3411
McKinney	Shiloh Place	469-534-9407
Medina (Medina Campus) Quinlan (Boles Campus)	Arms of Hope	830-522-2200
Plano	Emily's Place	972-424-7775



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DOMESTIC VIOLENCE SHELTERS		
City	Name	Number
Arlington Fort Worth	Safe Haven *Se hablan Español	877-701-7233
Cleburne	Johnson County Crisis Center *Se hablan Español	800-848-3206
Dallas Grand Prairie	Brighter Tomorrows *Se hablan Español	972-262-8383
Dallas	The Family Place *Se hablan Español	214-941-1991
Dallas	River of Life	214-886-3563
Dallas	Salvation Army – DV *Se hablan Español	214-424-7208
Denton	Friends of the Family	800-572-4031 940-382-7273
Gainesville	Abigail’s Arms	940-665-2873
Garland Plano	Hope’s Door New Beginning Center *Se hablan Español	972-276-0057
Granbury	Mission Granbury, Inc.	817-579-6848
Greenville	Women in Need	903-454-4357 (Call) 972-591-7233 (Text)
Kaufmann	Genesis Center	972-932-4351
Plano	Texas Muslim Women’s Foundation Peaceful Oasis Shelter *Se hablan Español	972-880-4192
Sherman	Grayson Crisis Center *Se hablan Español	903-893-5615
Tyler	East Texas Crisis Center *Se hablan Español	903-595-5591 800-333-0358
Weatherford	Freedom House	817-596-8922
Wichita	First Step, Inc.	1-800-658-2683 (24 hour emergency safe house)



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HOMELESS SHELTERS		
City	Name	Number
Arlington	Arlington Life Shelter	817-548-9885
Arlington	Salvation Army (Single mothers with children)	817-860-1836
Arlington Fort Worth	Center For Transforming Lives *Se hablan Español	817-484-1572 (Women) 817-999-6855 (Rapid Rehousing for Families)
Dallas	Dallas Life Foundation	214-421-1380
Dallas	Family Gateway *Se hablan Español (Serves families of all kinds, including non-traditional ones)	214-823-4500
Dallas Denton	Salvation Army	214-424-7000 (Dallas) 940-566-3800 (Denton)
Dallas	Union Gospel Mission Center of Hope	214-638-2988
Denton	Our Daily Bread Community Shelter	940-566-1308
Fort Worth	Union Gospel Mission	817-339-2553 (Women's Program & Family Program)
Fort Worth	Presbyterian Night Shelter	817-632-7400
Fort Worth	Salvation Army Mabee Center	817-344-1800 or 1811
Fort Worth	YWCA (Single women)	817-332-6191
McKinney	Samaritan Inn	972-542-5302
Wichita Falls	Faith Refuge Shelter	940-322-4673



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COMPREHENSIVE CARE (Counseling, Drop-In Center, Casework, Etc.)		
City	Name	Number
Dallas	Dallas Area Rape Crisis Center *Se hablan Español	972-641-7273
Dallas	Parkland Hospital Victim Intervention Program (VIP) *Se hablan Español	214-590-0430
Dallas	New Friends New Life *Se hablan Español	214-965-0935
Fort Worth	The Women's Center *Se hablan Español	817-927-4000
Fort Worth	Unbound Underground *Se hablan Español	817-885-7735

COUNSELING (EXPERIENCE OR SPECIALTY IN SEX TRAFFICKING)		
City	Name	Number
Dallas	Dallas Therapy Collective (Natalie West / \$125 a session)	720-778-0985
Dallas	New Friends New Life (Entire Team, free) *Se hablan Español	214-965-0935
Fort Worth	The Women's Center (No cost for rape or violent crime survivors) *Se hablan Español	817-927-4039
Plano	Greener Pastures Wellness (Samantha Greene / \$30-60 a session) *Online Sessions Available for TX Residents	972-424-2300



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MENTAL HEALTH		
Arlington	MHMR *Se hablan Español	817-335-3022 (Arlington)
Denton		940-381-5000 (Denton)
Fort Worth		817-335-3022 (Fort Worth)
Dallas	Metro Care	877-283-2121
Sherman	Texoma Community Center	903-957-4700

MENTAL HEALTH/REHAB/DETOX TREATMENT FACILITIES		
Arlington	Millwood Hospital <ul style="list-style-type: none"> - Detoxification - Inpatient - Partial Hospitalization Program - Intensive Outpatient - *Se hablan Español 	817-241-3700
Dallas	Carrollton Springs <ul style="list-style-type: none"> - Detox - Inpatient - Partial Hospitalization Program - Outpatient 	972-544-7366 (24/7)
Dallas	Homeward Bound <ul style="list-style-type: none"> - Detox - Women's Residential Program - Specialized Intensive Program (pregnant women & women with children) - Outpatient Program - *Se hablan Español 	214-941-3500
Dallas	Magdalen House <ul style="list-style-type: none"> - Residential - Non-residential - Peer-to-peer 	214-324-9261 *Must be female and primary substance dependency must be alcohol
Dallas	Nexus <ul style="list-style-type: none"> - Medical detox - Residential - Outpatient 	214-321-0156



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DeSoto	Hickory Trail <ul style="list-style-type: none"> - Inpatient - Detox - Partial Hospitalization Program - Intensive Outpatient 	972-299-3738
Eules	The Right Step <ul style="list-style-type: none"> - Detox - Inpatient Program - Outpatient Program 	844-768-0410
Fort Worth Denton Haltom City	Texas Treatment Services <ul style="list-style-type: none"> - Outpatient Addiction Treatment - Clinical services - Counseling 	817-492-9383 940-483-0644 817-759-0707
Plano	Medical City (Green Oaks) <ul style="list-style-type: none"> - Outpatient Program 	972-985-1599

TRAFFICKING-SPECIFIC LEGAL ASSISTANCE

City	Name	Number
Multi-State Accepts Texas cases	Laffey, Bucci & Kent *Se hablan Español	215-399-9255 24/7 Free Consultations *If case is taken on, no payments until they win (Payment taken out of winnings)
Available in 17 states, including Texas	The Joseph Project	1-855-436-5020 *Pro Bono legal services if case is taken on



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FOOD BANKS		
City	Name	Number
Arlington	Arlington Charities *Se hablan Español	817-275-1511
Arlington	Mission Arlington *Se hablan Español	817-277-6620
Dallas	Arborlawn United Methodist Church Food Pantry	817-731-0701
Dallas	Client Choice Food Pantry *Se hablan Español	817-416-6939
Dallas	Good Shepherd Lutheran Church	972-790-2121
Denton	Denton Community Food Center	940-382-0807
Denton	Denton Freedom House Food Pantry	940-808-1016
Denton	Vision Ministries *Se hablan Español	940-297-6860
Fort Worth	First Hand Ministries – First Presbyterian Church	817-335-1231
Fort Worth	First Street Methodist *Se hablan Español	817-335-6080
Fort Worth	Fort Worth Community Food Bank	817-924-3333
Fort Worth	University Baptist Church	817-926-3318
Irving	Baptist Benevolence Ministries	817-312-9994
Irving	Irving Cares	972-721-9181
Arlington Fort Worth McKinney Dallas	Salvation Army Food Pantry	817-860-1836 (817) 344-1800 (972) 542-6694 (214) 941-5911



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CLOTHING		
City	Name	Number
Arlington	Mission Arlington *Se hablan Español	817-277-6620
Dallas	Arborlawn Clothing Room	817-731-0701
Denton	Vision Ministries *Se hablan Español	940-297-6860
Fort Worth	First Hand Ministries	817-335-1231
Irving	Irving Cares	972-721-9181

HEALTHCARE		
City	Name	Number
Arlington	Mission Arlington - Allen Saxe Dental Clinic - Bob Mann Clinic - *Se hablan Español	817-277-6620 (Bob Mann) 817-860-4474 (Allen Saxe)
Dallas Plano	Watermark Urgent Care *Se hablan Español	469-317-0028 972-972-8930
Dallas	Prism Health - HIV care - STI care - PrEP care - Transgender health	972-807-7370 (Oak Cliff) 214-421-7848 (South Dallas) 469-687-3200 (Oak Lawn)
Denton	First Refuge Ministries - Dental Clinic - Medical Clinic - *Se hablan Español	940-591-8730 (Dental) 940-213-3571 (Medical)
Fort Worth	Beautiful Feet Ministries – Free Medical & Dental Clinic	817-536-0505 (Reduced COVID hours)
Fort Worth	Catholic Charities Dental Clinic – Sliding Scale *Se hablan Español	817-600-1461
Grapevine	GRACE Community Clinic	817-488-7009



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FINANCIAL ASSISTANCE		
City	Name	Number
Arlington	Arlington Charities - Utility Assistance *Se hablan Español	817-275-1511
Arlington	Catholic Charities Arlington	817-534-0814
Arlington	Arlington Urban Ministries - Utility Assistance - Rent Assistance - Food Pantry	817-861-8585
Arlington	Mission Arlington *Se hablan Español - Clothing - Rent Assistance - Utility Assistance - Prescriptions - Gas Vouchers - Furniture and household items	817-277-6620
Arlington	Arlington Housing Authority Basic Needs Assistance - Rent Assistance - Utility Assistance	817-275-3351
Dallas	Arborlawn Helping Hands - Rental Assistance - Utility Assistance	817-731-0701
Denton	Interfaith Ministries - Utility Assistance - Prescription/Medical Assistance	940-565-5479
Denton	Giving HOPE, Inc. - Utility Assistance	940-382-0609
Irving	Irving Cares - Rent Assistance - Utility Assistance - Prescriptions	972-721-9181
Irving	Baptist Benevolence Ministries	817-312-9994
Dallas	Salvation Army	(214) 424-7050



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Denton Garland Irving Plano Waxahachie	<ul style="list-style-type: none">- Rent and Utility Assistance- Food Pantry	(940) 566-3800 (972) 272-4531 (972) 438-6553 (972) 423-8254 972-937-7727
Grand Prairie	Grand Prairie United Charities <ul style="list-style-type: none">- Rent and Utility Assistance- Food Pantry	972-262-2014
Dallas	United Way Dallas <ul style="list-style-type: none">- Rent and Utility Assistance	469.965.0438
Dallas	Interfaith Family Services <ul style="list-style-type: none">- Rent and Utility Assistance- Housing Assistance	214.827.7220
Fort Worth	South Central Alliance of Churches <ul style="list-style-type: none">- Rent and Utility Assistance	817-923-0486
Bedford	Christian Connection <ul style="list-style-type: none">- Rent and Utility Assistance	817-510-2741
DeSoto/Dallas	The M.I.N.T. Foundation <ul style="list-style-type: none">- Rent and Utility Assistance- Food Pantry	(972) 224-7200



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TRANSPORTATION		
City	Name	Number
Arlington	Mission Arlington *Se hablan Español	817-277-6620
Dallas	Families To Freedom (Domestic Violence)	972-885-7020 *Only serves women survivors of domestic violence who are trying to get to a safe place, dependent on volunteer driver availability
Fort Worth	Catholic Charities *Se hablan Español	817-336-8714 *Only Serves Fort Worth area: must have qualifying event where transportation is needed, such as employment, medical, or education
Nationwide	National Human Trafficking Hotline *Se hablan Español	1-888-373-7888 *Transportation acceptance is dependent on being accepted into a certified Residential Home for trafficking survivors

JOB RESOURCE CENTERS		
Arlington	The Women's Center *Se hablan Español	817-927-4050
Arlington	Goodwill	817-987-6985 682-808-5450
Arlington Dallas Grand Prairie	Christian Women's Job Corp	817-275-5600 214-324-5665 972-262-0797
Dallas	Destination Success	214-232-9135 *serves 16-24 years old
Denton	Goodwill	940-999-5432
Fort Worth	Goodwill	817-332-7866
Hurst	Goodwill	817-590-4375
Sherman	Texoma Workforce Solutions	903-463-9997
Weatherford	Goodwill	817-341-4775



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AFTER-HOURS EMOTIONAL/CRISIS SUPPORT		
Collin County	MCOT (Mobile Crisis Outreach Team) *Se hablan Español	877-422-5939
Dallas	MCOT (Mobile Crisis Outreach Team) *Se hablan Español	1-866-260-8000 *Individual must be willing to receive intervention services
Nationwide	Crisis Text Line *Se hablan Español	Text HOME to 741741 for free, 24/7 crisis counseling
Nationwide	Contact Helpline Emotional/Listening Support	*Due to high call volume, calls are limited to 10 minutes 1-800-932-4616
Nationwide	Samaritans Helpline *Se hablan Español	*Can call or text 877-870-4673
Nationwide	Lifeline *Se hablan Español	1-800-273-8255 *Note this is also the Suicide Prevention Hotline, but you do not have to be suicidal to receive emotional support, many callers call about a variety of life stressors



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BRANDING/TATTOO REMOVAL		
City	Name	Number
Affiliates throughout Texas	Ink-nitiative (Removery Tattoo)	Fill out electronic form online: https://removery.com/about-us/ink-nitiative/ <ul style="list-style-type: none"> - 50% off entire tattoo removal process if referred by Rescue Her
Affiliates throughout Texas	Soul Survivor Ink	Fill out electronic form online: https://soulsurvivor.ink/survivor/ <ul style="list-style-type: none"> - Must have been working with an agency for at least 6 months with their referral letter

PARENTAL SUPPORT GROUP		
City	Name	Number
Nationwide	Moms Against Trafficking (Rahab's Daughters)	*No number listed, must be a dues-paying member to be eligible for services: https://www.rahabsdaughters.org/moms-against-trafficking/ Services include: <ul style="list-style-type: none"> - Prevention services - Counseling (individual & group) - Support groups online & in person